

Back 2 Basics - Grabouw Camps **Equipment & Packing Check List**

General

Got it Packed

- | | | |
|--------------------------|--------------------------|---|
| ☐ | ☐ | Personal Medications |
| ☐ | ☐ | Sun Protection |
| ☐ | ☐ | Toiletries |
| ☐ | ☐ | Toilet paper |
| ☐ | ☐ | Headlamp + Batteries |
| ☐ | ☐ | Water Bottle/s minimum
2L total capacity |

Cooking

Got it Packed

- | | | |
|--------------------------|--------------------------|---|
| ☐ | ☐ | Bowl |
| ☐ | ☐ | Plate |
| ☐ | ☐ | Cutlery (knife, fork & spoon) |
| ☐ | ☐ | Mug |
| ☐ | ☐ | Wash-up kit (soap, sponge, tea towel etc) |

Camping

Got it Packed

- | | | |
|--------------------------|--------------------------|------------------------|
| ☐ | ☐ | Sleeping Bag |
| ☐ | ☐ | Inner Sheet (optional) |
| ☐ | ☐ | Flat Sheet |
| ☐ | ☐ | Towel |
| ☐ | ☐ | Small Pillow |

Clothing

Got it Packed

- | | | |
|--------------------------|--------------------------|---|
| ☐ | ☐ | Underwear |
| ☐ | ☐ | Shorts & Trousers (suitable for hiking) |
| ☐ | ☐ | Warm Jacket |
| ☐ | ☐ | T-Shirts |
| ☐ | ☐ | Shell Layer
(Waterproof Jacket & Pants) |
| ☐ | ☐ | Swimming Costume |
| ☐ | ☐ | Sun Hat |
| ☐ | ☐ | Sun Glasses |

Footwear

Got it Packed

- | | | |
|--------------------------|--------------------------|-------------------------------|
| ☐ | ☐ | Hiking Boots or Running Shoes |
| ☐ | ☐ | Sandals |
| ☐ | ☐ | Socks |

Other (optional)

Got it Packed

- | | | |
|--------------------------|--------------------------|--------------|
| ☐ | ☐ | Camera |
| ☐ | ☐ | Pocket Money |
| ☐ | ☐ | Diary |
| ☐ | ☐ | Reading book |

NOTES:

- 1) Accommodation is in military style tents with bunks and mattresses.
- 2) The campsite has full ablutions with hot/cold water.
- 3) We recommend that valuables be left at home.
- 4) No electronic equipment or dangerous items permitted.

